

Local Resource Directory: Sexual Health, Reproductive Health, Gender, & Relationships

Oberlin Sexual Information Center | (440) 775-8135
Wilder Hall | 135 W Lorain St, Room 203, Oberlin, OH 44074
sic@oberlin.edu | <https://www.oberlinsic.com> | <https://www.facebook.com/oberlin.sic/>

CONTENTS

All items are organized alphabetically by geographic region

On-Campus	2
Town of Oberlin	7
Lorain County	9
Medina County	14
Cuyahoga County	15
State of Ohio	26
Online Tools & Resources	28
Helpful Hotlines	36

TAGS

Use “Cmd or Ctrl +F” to narrow your search.

Example: Type “Cmd or Ctrl +F,” then “#AB” to find abortion resources.

Abortion Services	#AB
Doula Services	#DS
Healthcare Provider	#HC
Informational Resource	#IR
Low-Cost or No-Cost	#LC
Mental Health Services	#MH
Queer & Trans-Specific	#QT
Safer Sex Supplies	#SS
Support for Survivors of Sexualized Violence	#SV

A note about the resources in this directory: Unfortunately, many of the following sexual and reproductive service providers are gendered resources. Many of them use gendered language, and they will likely assume that their clients/patients are cis. We have provided content warnings for gendered resources below. Please reach out to the SIC if you need help navigating this (sic@oberlin.edu).

ON-CAMPUS

Confidential Student Advocate, Melissa Counts | #LC, #MH, #SV

Cw: sexualized harm

Email	college_advocate@nordcenter.org
Telephone	(440) 204-4359 (Nord Sexual Assault Services Hotline)
Location	Peters G24
Hours	On campus Wednesdays & Thursdays
Costs	Free!
Appointments	Call or email to make an appointment
Services	Acute crisis services and ongoing support to individuals who have experienced sexual harm. A note on reporting & confidentiality: Melissa will not report anything you say to the college. If you decide to make a report to the college, Melissa may be available to support you while you do.

Counseling Center | #LC, #MH

Website	https://www.oberlin.edu/counseling
Telephone	(440) 775-8470
After hours telephone	(440) 775-8470 (Select 2)
Location	Professional Services Building 247 W. Lorain St, Oberlin OH 44074
Hours	M-F: 8:30am - 4:30pm; closed noon-1 p.m.
Crisis drop-in hours	Mon, Tues: 11am - 12pm; Wed, Thurs, Fri: 1:30 - 2:30pm.
Costs	Services are free, although students are responsible for the cost of any external services.
Appointments	Call to make an appointment, except for drop-in hours
Services	Counseling & psychiatric services for Oberlin College students. The Counseling Center is primarily intended for assessment and short-term counseling, with referrals to private counselors in the Oberlin area if necessary. The number of sessions varies and is discussed as part of the initial intake process. Services include: individual counseling; psychiatric/medication consultation; group counseling; couples counseling; consultation with faculty, staff, and students; alcohol and drug counseling. Oberlin student ID required.

HIV Peer Testers | #IR, #HC, #LC, #SS

Facebook page	https://www.facebook.com/hivpeertesters.oberlin/
Email	hiv@oberlin.edu
Location	Wilder 308

Hours	See Facebook page for up-to-date hours
Costs	Free!
Appointments	No appointment necessary
Services	Free, confidential, and anonymous oral HIV antibody testing for Oberlin College students and the Oberlin community. Results pickup occurs next-day or later. Results can be scheduled for pickup from 6-7pm Monday-Thursday and from 12-1pm on Fridays. All testing is done orally, with no needles or blood. During a testing session, in addition to taking an oral sample for the antibody test, peer testers provide individualized counseling and education about HIV/AIDS and safer sex. Every client is informed about the window period, HIV transmission, and risk reduction strategies. During all testing and results hours, safer sex supplies are available for FREE outside the office, including condoms, internal condoms, dental dams, and lube.

Lambda Union | #LC, #QT

Website	http://www2.oberlin.edu/stuorg/lambda/
Facebook page	https://www.facebook.com/OberlinLambda/
Email	lambda@oberlin.edu
Services	The purpose of Lambda Union is to provide a forum for the political, social, emotional, and educational needs of LGBT and questioning people in the Oberlin community. By organizing and funding various political, educational, and social events, Lambda Union hopes to advance understanding and respect.

Lilac | #LC, #MH, #QT

Website	For more info, visit https://www.oberlin.edu/mrc/student-resources/lgbtq-resources
Email	lilac@oberlin.edu
Services	The purpose of Lilac is to provide support for people who transcend gender norms within existing binary systems and to work to end gender oppression and transphobia. Lilac holds open meetings for anyone interested in organizing around transgender issues, as well as support meetings designed specifically for trans individuals.

Multicultural Resource Center | #IR, #LC, #QT

Website	https://www.oberlin.edu/mrc
Email	mrc@oberlin.edu
Telephone	(440) 775-8802
Location	187 N. Professor St., Oberlin, OH 44074
Hours	Mon-Fri: 10am - 6pm
Costs	Free!
Appointments	No appointment necessary

Services	The Multicultural Resource Center (MRC) serves as a gathering place for the collaborative support of historically disenfranchised communities. We work on issues of diversity and inclusion within a social justice context at Oberlin College. In collaboration with a wide range of contributors including faculty, students, alumni, staff, and members of the local community, the MRC is uniquely positioned to create a vision of anti-oppression and social justice that supports educational excellence. The MRC serves historically disenfranchised students including but not limited to: Students of color, LGBTQ students, International students, First generation college students, Low-income students, DACA/Undocumented students, Students with disabilities, & Local community members. Services include: One-on-one and group student advising, Community building and social events, Conference and colloquia coordination and organization, Crisis and trauma intervention for students, Training and workshops, Collaboration with students to support the ongoing success of student-led social justice programming.
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OSCA Sexual Harm Information Liaisons (SHILs) | #LC, #SV

Cw: sexualized harm

Email	osca@oberlin.edu (ask OSCA for current SHIL email addresses)
24/7 Hotline	(440) 574-0167
Costs	Free!
Appointments	No appointment necessary
Services	Support for survivors of sexualized harm — for OSCA members and non-OSCA members. SHILs can provide crisis support, ongoing emotional support, help facilitate co-op switches involving violations of the sexual misconduct policy in OSCA, transport people to the Nord Center for sexual assault kits or counseling, and help connect people to resources. A note on reporting & confidentiality: SHILs are mandatory reporters to Title IX, which means they have to let Title IX know if there is a violation of the misconduct policy. If you give your name, the Title IX coordinator, Becky Mosely, will reach out to you via email. There is no pressure to respond to the email; it is just a "Hey I am here for you" type thing. If you do not give your name, the SHILs can report without using any names, which means the Title IX coordinator will not reach out to you.

Peer Support Center | #LC, #MH, #SV

Cw: sexualized harm

Facebook page	https://www.facebook.com/peersupportcenter/
Email	peersupt@oberlin.edu
Location	Wilder 304
Hours	See Facebook page for up-to-date hours
Costs	Free!
Appointments	No appointment necessary

Services	<p>Students trained in peer support skills are available to chat, help talk through a problem, or answer questions about other support resources on campus. Peer support may be related to any topic, including but not limited to sexualized harm.</p> <p>A note on reporting & confidentiality: Peer Support Center staffers are mandatory reporters. They are required to report Title IX offenses, safety issues (they will notify the Counseling Center for mental health emergencies), and honor code violations.</p>
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Sexual Information Center | #DS, #IR, #LC, #QT, #SS, #SV

Cw: sexualized harm

Website	https://www.oberlinsic.com/
Facebook page	https://www.facebook.com/oberlin.sic/
Email	sic@oberlin.edu
Telephone	(440) 775-8135
Ride service phone line	(440) 895-7544
Location	Wilder 203
Hours	Use the following link for an up-to-date schedule: https://goo.gl/9WZOKU
Costs	All products & services are either free or sliding scale at wholesale cost. No one is turned away because of inability to pay. Cash only.
Appointments	<p>All services are available on a drop-in basis</p> <p>To request a clinic ride: https://goo.gl/forms/z88p27REHdBjMcAr2</p> <p>To make a counseling appointment: https://goo.gl/forms/ty7O2qgx9NtMUD383</p>
Services	<p>Free clinic rides, plan b, pregnancy tests, condoms, dental dams, lube, binders, packers, gaffs, packing underwear, tampons, pads, doula bags, & confidential peer counseling for topics related to sexual and reproductive health, relationships, consent, and power dynamics. Low-cost & sliding scale monistat, menstrual cups, period underwear, lube, condoms, finger cots, gloves, & more. Community referrals offered. Comprehensive sex ed programs and workshops available on campus and elsewhere. POC and non-cis office hours available. All services drop-in and no ID necessary, open to anyone who comes in, all ages welcome.</p> <p>Free drop-in gonorrhea and chlamydia testing events hosted 2-3 times per semester in Wilder via local sexual health clinics. Email SIC for details.</p> <p>For abortion doula services, contact the SIC to be connected with a medical and/or surgical abortion doula.</p>

Student Health Services | #LC, #HC

Website	https://www.oberlin.edu/student-health-services
Telephone	(440) 775-8180
24/7 nurse line	(877) 924-7758
Location	Professional Services Building 247 W. Lorain St, Suite A, Oberlin OH 44074

Hours	M, T, W, F: 8:30am - 1pm, 2pm - 4:30pm. Th: 8:30am - 1pm, 3pm - 4:30pm.
Drop-in hours	M, T, Th, F: 11am - 12:30pm. W: 9am - 12:30pm, 2pm - 3:45pm.
Costs	\$40 for chlamydia and gonorrhea testing, other testing is available at additional cost. \$5 pregnancy testing. Free EC (Next Choice) with appointment and ID.
Appointments	Call to make an appointment, except for drop-in hours
Services	General healthcare, STI testing and treatment, pap smears, pregnancy tests, emergency contraception, gynecological exams, birth control consultation and prescription. Oberlin student ID required.

Title IX Coordinator, Rebecca Mosely | #LC, #SV

Cw: sexualized harm

Website	https://www.oberlin.edu/equity-diversity-inclusion/sexual-misconduct
Email	Rebecca.Mosely@oberlin.edu
Telephone	(440) 775-8555
Location	Office of Equity, Diversity and Inclusion Carnegie 204
Costs	Free!
Appointments	Call or email to make an appointment
Services	Administrative support / reporting sexual misconduct at Oberlin, which encompasses “any form of sexual violence, stalking, and intimate partner violence; discrimination or harassment based on sex, marital status, sexual orientation, gender identity and expression; or discrimination in athletics that's based on sex.” <u>To report an incident to the college, use the following form:</u> https://cm.maxient.com/reportingform.php?OberlinCollege&layout_id=5

ZAMI | #LC, #MH, #QT

Facebook page	https://www.facebook.com/oberlinzami/
Services	ZAMI is a welcoming and supportive group for LGBTQ and questioning people of color in Oberlin. ZAMI also engages in political and social action through the publication of the ZAMI Zine. The group was formed in 1989 after a conversation with Audre Lorde following her Oberlin commencement address, and takes its name from the title of her biomythography.

TOWN OF OBERLIN

Lorain County Health and Dentistry | #HC, #LC

Website	http://www.lorainhealth-dentistry.org/
Telephone	(440) 240-1655
Location	260 S Main St, Oberlin, OH 44074 <i>Other offices are located in Lorain, Amherst, & Elyria.</i>
Hours	M-F: 8:30am - 5pm. Sat-Sun: closed.
Costs	Sliding scale fees.
Appointments	Call to make an appointment. Same-day appointments available.
Services	General health, gynecological services, STI testing and treatment, prenatal and postpartum care.

Mercy Allen Hospital | #HC

Cw: gendered language on website; mention of r*pe

Website	https://www.mercy.com/locations/hospitals/lorain/mercy-allen-hospital
Telephone	(440) 775-1211
Location	200 W Lorain St., Oberlin, OH 44074
Hours	24/7
Costs	Expensive; may be a barrier to access. See website for accepted insurance: https://www.mercy.com/locations/hospitals/lorain/mercy-allen-hospital/accepted-insurance-plans
Appointments	Emergency & Urgent Care is available.
Services	Mercy Allen is a 25-bed full-service community hospital. Sexual & reproductive health services include: Breast Cancer Care, Breast Health, Breast Surgery, Obstetrics, reproductive healthcare, Maternity Care, Neonatal Care and NICU. Student Health will refer you to Mercy Allen Hospital for blood tests (including those relating to STI testing), which may not be covered by Student Health or insurance, and which are often costly — so make sure to ask about payment options when referred to Mercy. Please note: Mercy Allen Hospital does <u>not</u> provide rape kits.

Oberlin Unitarian Universalist Fellowship: Our Whole Lives (OWL) Program | #IR

Website	https://www.ouuf.org/ministry-programs/religious-education/
OWL national website	https://www.uua.org/re/owl
Email	Director of Religious Education: dre@ouuf.org Office Administrator: office@ouuf.org
Telephone	(440) 775-0355

Location	355 East Lorain Street, Oberlin, Ohio 44074
Time	Class meets twice a month for the duration of each semester; inquire for more information.
Costs	Fee is required; inquire for more information.
About	Our Whole Lives (OWL) is a comprehensive sexuality education curriculum offered for all different ages. In Oberlin, the curriculum caters to high school aged teenagers. With a holistic approach, Our Whole Lives provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality.

Whole Woman Holistic Gynecology | #HC, #QT

Cw: gendered & appropriative language on website

Website	https://www.wholewomanholisticgyn.com/
Telephone	(440) 533-9191
Location	23 Eric Nord Way, Suite #1, Oberlin, OH 44074
Hours	Tues-Thurs: 9am - 5pm
Costs	See website for accepted insurance plans
Appointments	Call to make an appointment, or make an appointment online
Services	<p>Annual Exams, Pap smears, treatment of abnormal paps, colposcopy, cervical biopsies and in-office LEEP procedures, Vaginal and urinary infections: yeast infections, bacterial vaginosis, STIs, pelvic inflammatory disease, endometritis, UTIs, Contraception, including same-day placement of IUD's and nexplanon in appropriate patients, Fertility assessments and natural fertility optimization, Natural Family Planning advice, Endometriosis and Adenomyosis, Acute and Chronic Pelvic pain, Polycystic Ovarian Syndrome (PCOS), Hirsutism (heavy hair growth), Ovarian cysts, Irregular, heavy, painful or absent menstrual bleeding, Fibroids and polyps, Dyspareunia (painful intercourse), Hypoactive Sexual Desire (low libido), Menopause care, hormone replacement therapy, Mild urinary incontinence, Mild-moderate pelvic organ prolapse, Obstetrical trauma repair, Bartholin's gland cyst/abscess, IUD and nexplanon placements and removals, Endometrial biopsies, Vulvar biopsy, Minor vaginal repairs, Vulvar cyst/abscess drainage ("I&D"), ThermiVa Vaginal Rejuvenation, Laser hair removal (lower half of the body only), Diagnostic laparoscopy (minimally-invasive "abdominal scopes") for pain or infertility, including treatment of endometriosis and benign pelvic cysts, Diagnostic hysteroscopy (minimally-invasive "vaginal scopes") for abnormal bleeding, including removal of intra-uterine polyps and fibroids, Endometrial ablation for abnormal bleeding, Minimally-invasive Hysterectomy (with or without ovary removal), Myomectomy (fibroid removal), Tubal ligation / Salpingectomy (tube removal), Ovarian cystectomy (cyst removal), Bartholin's gland marsupialization, Basic Pelvic floor reconstruction.</p> <p><u>Note:</u> Dr. Jenkins says, "I treat all general Gyn concerns and am happy to provide care for transgender and gender non-conforming adults as well, including hormone therapy."</p>

LORAIN COUNTY

Family Planning Services of Lorain County (Elyria) | #HC, #LC, #SS

Website	http://www.familyplanningservices.org/
Facebook page	https://www.facebook.com/FPSlorain/
Telephone	(440) 322-7526
Location	602 Leona St Elyria, OH 44035 (12 miles from Oberlin)
Hours	M: 11am - 7pm. T: 9am - 12pm. W: 9am - 3pm (& teen clinic 3pm - 7pm). Th: 9am - 4:30pm. F: 9am - 2pm. Sat: Once/month teen clinic 10am - 3pm. Sun: closed.
Costs	Sliding scale fees, & no one is turned away because of inability to pay. Most health insurance plans are accepted, & there is an insurance enroller on site to help you obtain health insurance.
Appointments	Call to make an appointment, or stop by during drop-in hours
Services	Birth control consultations and supplies (including pills, IUDs, implants, depo-provera, & nuvaring), STI testing and treatment, pregnancy testing, PrEP (only PrEP provider in Lorain County), breast/chest exams, pelvic exams, pap tests, colposcopies, cryotherapy, teen clinic hours, counseling, free condoms, free 10-minute HIV testing, & free emergency contraception. Syringe exchange program coming soon.

Genesis House (Lorain County Safe Harbor) | #LC, #SV

Cw: sexualized harm

Website	http://www.genesishouseshelter.org/
24/7 Hotline	(440) 244-1853 or (440) 323-3400
Toll-free	1 (866) 213-1188
TTY	For people who are deaf, hard of hearing, and/or speech-impaired: (440) 244-1867
Costs	Inquire through hotline.
Appointments	Call the hotline to seek help.
Services	Domestic violence survivor support. Services aim to provide the tools for both survivors and loved ones to maximize opportunity to survive, obtain physical and mental well being while striving for independence, and minimize the trauma involved in coping with family violence. 24 hour crisis hotline. DV shelter: provides temporary safety, shelter, food, aid and support to the survivors of domestic violence and their children who have reached the decision to leave the violent situation. When a person calls for assistance, a telephone interview may be conducted, after which a trained shelter staff person arranges to meet the survivor away from both the home and the shelter to explain the shelter and discuss what options are available. Children's and teen support services. Civil protection order (CPO) support. Legal information and advocacy. Assistance with court proceedings.

L.C.A.T.S. (Lorain County Affirming Trans/Non-Binary Support Group) | #LC, #MH, #QT

Facebook page	https://www.facebook.com/LCATSgroup/
Details	<p>Mondays 3pm @ LCCC Wellington, 151 Commerce Drive, Wellington, OH, 44090 (440) 647-1776</p> <p>Tuesdays 7pm @ LCCC Wellington, 151 Commerce Drive, Wellington, OH, 44090 (330) 313-4403</p> <p>Fridays 11am @ UCC First Congregational, 330 2nd St, Elyria, OH, 44035 (440) 323-5454</p>
Costs	Free!
Appointments	No appointment necessary
Services	All-ages safe space for transgender, non-binary, and genderqueer individuals and their guardians + advocates. Group discussion, socialization, and refreshments are provided! Hosted by Lorain County LGBTQ+ and Allies Community Task Force. Tuesday evening group is specifically for trans, genderqueer, and non-binary folks.

LINC Opioid Harm Reduction Clinic (Wellington) | #HC, #LC, #MH, #SS

Facebook page	https://www.facebook.com/LINCofLorainCounty/
Telephone	440-647-2244 (Wellington Police)
Location	First United Methodist Church (in basement) 127 Park Place, Wellington, Ohio 44090 (9 miles from Oberlin)
Dates	<p>Bi-weekly — Friday 1-4pm</p> <p>March 8th & 22nd, 2019</p> <p>April 5th & 19th, 2019, etc.</p>
Costs	Free!
Appointments	No appointment necessary
Services	LINC = Local Initiative to Network Compassion. Services include HIV and Hep C testing, Gonorrhea and Chlamydia Testing, Condom distribution, PrEP information, Basic wound care, Narcan kits, Mental health and substance use counseling information and referrals, Access to drug rehabilitation centers, Resources for family, friends and significant others who are trying to cope with loved ones suffering from addiction, HIV/AIDS education, Safe disposal and replacement of used syringes.

Lorain County Free Clinic (Lorain) | #HC, #LC

Website	https://lcfreeclinic.org/
Telephone	(440) 277-6641
Location	<p>5040 Oberlin Ave, Lorain, OH 44053 (10 miles from Oberlin)</p> <p><i>Other offices are located at Family Planning Services of Lorain County & Mercy Allen Hospital (see above).</i></p>

Costs	For free services, household income must be 250% below federal poverty level. See web page for details: https://lcfreeclinic.org/need-medical-care/
Appointments	Call to make an appointment. Visit website for patient application: https://lcfreeclinic.org/patient-application/
Services	Primary Care, Dermatology, Diabetic / Dietician Counseling, Women's Health, Infectious Disease, Ophthalmology / Vision Care, Orthopedics Screening and Referral, Patient Medication Assistance Program representative available daily, Prescription Drug Programs available, Vaccine Clinic. From website: "The target population in general are qualified, pre-screened patients between the ages of 19-65 with incomes at or below 250 percent of the Federal poverty level... Qualified patients are either 'too rich' for Medicaid, or 'too young for Medicare'... Hopefully for the uninsured Free Clinic patient, choosing is made a little easier knowing that medical care access is available and that they are in a sense, 'covered'."

Lorain County LGBTQ+ and Allies Community Task Force | #IR, #LC, #QT, #MH

Facebook page	https://www.facebook.com/LCLGBTQ/
Telephone	(440) 574-0393
Mailing address	P.O. Box 654, Elyria OH 44036
Costs	Free!
Services	Lorain County Affirming Trans/Non-Binary Support Group (LCATS): all ages "safe space" for all LGBTQ+ teens, young adults, and their parents and guardians (see above). Also, monthly community meetings, & periodic LGBTQ+ events & campaigns. Contact the Task Force on their Facebook page.

Lorain County Public Health (Elyria) | #HC, #LC

Website	https://www.loraincountyhealth.com/
Telephone	(440) 322-6367
Location	9880 South Murray Ridge Road, Elyria, OH 44035 (8 miles from Oberlin)
Hours	M-F: 8am - 4:30pm
Costs	Call to inquire. HIV testing is free.
Appointments	Call to make an appointment. HIV testing is drop-in only.
Services	General health, including free & confidential HIV testing (oral swab test): Do not eat, drink or chew gum for 30 minutes before your test. Results available in 20-40 minutes.

Nord Center (Lorain) | #LC, #MH, #SV

Cw: sexualized harm

Website	https://www.nordcenter.org/
24/7 Crisis hotline	(800) 888-6161
Sexual assault	(440) 204-4359

services hotline	
Warm line	(800) 888-6161 & ask for the Warm Line (1-10pm M-F)
Lorain (main office) location	6140 South Broadway, Lorain, OH 44053 (10 miles from Oberlin)
Lorain office hours	M-Th: 8am - 8pm, F: 8am - 5pm.
Lorain office telephone	(440) 233-7232
Sheffield Village office location	5338 Meadow Lane Court, Sheffield Village, OH 44035 (15 miles from Oberlin)
Sheffield Village office hours	MWF 8:30-5pm, T/Th 8:30-8pm
Sheffield Village office telephone	(440) 366-5262
Costs	Free & sliding scale. All Lorain County residents, Ohio residents with Medicaid, and any individual with private insurance is eligible for treatment. Hotlines & Warm Line are free.
Appointments	Call to make an appointment
Services	<p>Aid to survivors of sexual violence, & education on prevention of sexual violence. Sexual Assault Care Unit (SACU) provides medical care to people immediately after experiencing sexualized violence including emergency contraceptives and rape kit examinations. Emergency/crisis hotline for anyone experiencing an emotional or psychiatric crisis, including extreme feelings of despair, anxiety, stress, suicidal thoughts, assault, trauma and abuse. On-site crisis evaluation via Mobile Crisis Team. Voluntary 12-bed crisis stabilization unit available for Lorain County residents.</p> <ul style="list-style-type: none"> • For folks seeking sexual assault services, Nord does not penalize survivors for underage drinking, due to medical amnesty. • The Nord Center will provide a cab for you to and from the SACU — call the hotline for arrangements. Also, Safety & Security [(440) 775-8444] OR the OSCA SHILs [(440) 574-0167] will transport Oberlin College students (with a support person) to Nord's SACU for free, no questions asked. <p>Additionally: comprehensive mental health services and addiction counseling for adults, children, adolescents, and families. Anger management group and dialectical behavioral therapy group available. Housing crisis assistance and vocational/employment services available.</p> <p>The Warm Line is a confidential, consumer-run telephone service providing peer support, resource referrals, non-judgmental listening, and shared experiences of hope and recovery to anyone who calls. The Warm Line is perfect for those just needing someone to talk to who understands what they are going through.</p>

Planned Parenthood (Lorain) | #HC, #LC, #SS

Website	https://goo.gl/AWzWqD
Telephone	(440) 242-2087 (or 1 (800) 230-PLAN)

Location	200 W. 9th Street, Lorain, OH 44052 (12 miles from Oberlin)
Hours	Mon: 9am - 4pm, Tues: 11am - 6pm, Thurs: 9am - 4pm
Costs	Fees for services are based on income and ability to pay. Planned Parenthood accepts Medicaid.
Appointments	Call to make an appointment. However, drop-ins are available for pregnancy testing, EC, & STI testing, anytime the clinic is open. For drop-ins, please arrive at least one hour prior to closing.
Services	<p>Birth control, abortion referral, emergency contraception, HIV testing, care for people with penises, pregnancy testing & services, STI testing, treatment & vaccines, gynecological exams, pap tests, cervical cancer screening, breast/chest exams, UTI screening and treatment, vaginal infection testing & treatment, checkups when you have a reproductive/sexual health problem, fibroids evaluation, incontinence education & treatment, mammogram referrals, post abortion follow-up exams, HPV treatment, Genital wart treatment, Vasectomy referrals, jock itch testing & treatment, help with irregular periods or no periods, painful periods, painful sex, bleeding between periods, menstrual problems (premenstrual syndrome) or even a lost tampon.</p> <p><i>*Note: Planned Parenthood in Lorain is the closest Planned Parenthood clinic to Oberlin. Other PP clinics are located in Medina and Cuyahoga Counties (see below).*</i></p>

University Hospitals Elyria Medical Center (Elyria) | #HC

Cw: gendered language on website

Website	http://www.uhhospitals.org/elyria
Telephone	(440) 329-7500
Location	<p>630 E River St, Elyria, OH 44035 (9 miles from Oberlin)</p> <p><i>“Women’s health services”: Gates Medical Building, Suite 218 125 East Broad Street, Elyria, Ohio 44035</i></p>
Costs	<p>Financial assistance available. See web page for details:</p> <p>http://www.uhhospitals.org/myuhcare/online-bill-pay/financial-assistance-program</p>
Appointments	Call to make an appointment
Services	<p>Sexual / reproductive healthcare services include: Colposcopies, Complete gynecologic care, Endometrial ablations, Essure® tubal sterilization, Gynecologic surgery, Hysterectomies, Infertility care, In-office hysteroscopies, LEEP procedure, Minimally invasive surgeries, Obstetrics care and high risk obstetrics, Pelvic floor support with minimally invasive surgery, Tubal sterilization, Uro-dynamics studies, Uro-Gynecology (Urinary incontinence), Yearly exams, Breast health, Annual GYN exams, Biopsies, Birth control, Menopause-related issues, PAP smears, Pelvic pain (Bladder disorders, Ectopic pregnancy, Endometriosis, Fibroids, Hernia, Intestinal disorders, Kidney infection or kidney stones, Menstrual cramps, Miscarriage, Nerve conditions, Ovarian cysts or other ovarian disorders, Ovulation, Pelvis disorders, Pelvic inflammatory disease, Pregnancy, Psychogenic pain — pain related to stress or psychological traumas from the past — Sexually transmitted diseases).</p> <p>In addition, University Hospitals Elyria Medical Center offers a Family Birth Center. Midwives are available for perinatal and other routine care. Birth Center also offers educational programs relating to Baby care, Breastfeeding, & Infant/Child CPR.</p>

MEDINA COUNTY

Planned Parenthood (Medina) | #HC, #LC, #SS

Website	https://goo.gl/tnWzi5
Telephone	(330) 723-1300 (or 1 (800) 230-PLAN)
Office phone hours	M-Th: 8am - 6pm, Fri: 8am - 5pm, Sat: 9am - 3pm.
Clinic hours	Mon: closed, Tues: 9am - 4pm, Wed: closed, Thurs: 10am - 6pm, Fri: 9am - 3pm, Sat: 9am - 1pm (3rd Sat of the month), Sun: closed.
Location	4018 Medina Road, Medina, OH 44256 (23 miles from Oberlin)
Costs	Fees for services are based on income and ability to pay. Planned Parenthood accepts Medicaid.
Appointments	Call to make an appointment. However, drop-ins are also available for pregnancy testing, EC, & STI testing, anytime the clinic is open. For drop-ins, please arrive at least one hour prior to closing.
Services	Birth control, abortion referral, emergency contraception, HIV testing, care for people with penises, pregnancy testing & services, STI testing, treatment & vaccines, gynecological exams, pap tests, breast/chest exams, UTI screening and treatment, vaginal infections testing & treatment, checkups when you have a reproductive/sexual health problem, cervical cancer screening, colposcopy, fibroids evaluation, menopause & midlife testing & treatment including hormone replacement therapy, infertility education, mammogram referrals, post-abortion follow-up exams, HPV treatment, Genital wart treatment, Vasectomy referrals, jock itch testing & treatment, help with irregular periods or no periods, painful periods, painful sex, bleeding between periods, menstrual problems (premenstrual syndrome) or even a lost tampon.

CUYAHOGA COUNTY

Asian Services In Action, Inc.: International Community Health Center | #HC, #LC

Website	http://www.asiaohio.org/ichc/
Telephone	(216) 361-1223
Location	3820 Superior Ave., Ste 214, Cleveland, OH 44114 (36 miles from Oberlin)
Hours	Mon, Tues, Thurs, Fri: 8:30am - 5pm; Wed: 8:30am - 8pm; Sat: 8:30am - 1pm (or 2pm on 2nd Saturday) Sun: CLOSED
Costs	ASIA-ICHC serves all patients regardless of inability to pay. Sliding Fee Discounts for essential services are offered based on family size and income. Medicaid and Medicare are accepted.
Appointments	No appointment necessary
Services	Founded in 1995, ASIA, Inc. seeks to improve the quality of life for Asians in Northeast Ohio. Today, the organization is the only Asian American and Pacific Islander focused health and social services 501(c)(3) organization in the State of Ohio. ASIA-ICHC delivers comprehensive, culturally and linguistically appropriate healthcare on a sliding scale to all community members, especially those who face economic or language barriers to care. Services include: Assistance with Quitting Smoking; Health Insurance Marketplace, Medicaid and Medicare Enrollment Assistance; Breast and Cervical Cancer Screening; Childhood Lead Prevention and Screening; Diabetes Prevention, Education and Screening; Health Fairs & Screenings; Hepatitis B Prevention, Education and Screening; HIV/AIDS Prevention & Education; pneumonia and influenza vaccination; wellness; nutrition and exercise programs; sexual assault services; children & youth programs; citizenship & immigration resources; and more. Check out ASIA-ICHC's LGBTQ Asian Health Glossary , including translations in Chinese, Vietnamese, Burmese, and Korean.

Birthing Beautiful Communities | #DS, #LC

Cw: gendered language below and on website

Website	https://www.birthingbeautiful.org/
Email	info@birthingbeautiful.org
Telephone	(216) 307-1538
Emergency hotline	(216) 402-0924
Location	5000 Euclid Avenue, Suite 400, Cleveland, Ohio 44103 (36 miles from Oberlin)
Office hours	Mon, Tues, Wed, Fri: 10am - 5pm; Thurs: 12pm - 8pm
Costs	Perinatal support services are free if you live in Greater University Circle (Hough, Fairfax, Buckeye-Shaker, East Cleveland, Glenville), Kinsman, Lee-Harvard, Maple Hts, Garfield Hts., Warrensville Hts., or Ohio City — (these are the neighborhoods in Cleveland and Cuyahoga County with the highest rates of infant deaths). Community doula trainings require a \$500 fee.

Appointments	Call or email Birthing Beautiful Communities, and they will match you with a perinatal support person from your neighborhood who you are comfortable with.
Services	<p>Birthing Beautiful Communities (BBC) is an commune of birth workers of color, which strives to assist and support pregnant people and eliminate infant mortality. Black women are affected by infant death 3 times more than the national average, and BBC seeks to combat this through health and wealth equity. They prioritize the neighborhoods with the highest rates of infant deaths. In the city of Cleveland and Cuyahoga County, these neighborhoods include: Greater University Circle (Hough, Fairfax, Buckeye-Shaker, East Cleveland, Glenville), as well as Kinsman, Lee-Harvard, Maple Hts, Garfield Hts., Warrensville Hts., and Ohio City. Services include: perinatal, labor, and postpartum doula/support services, preventative supportive services, life and goal planning, childbirth & parenting education, assistance with quitting smoking & finding employment, birth control education, & support groups for Pregnancy Stress, Anxiety, Panic or Fear, Postpartum Depression, and Infant Loss. Perinatal support people at BBC are “community residents who live in and are from the same neighborhood in which they serve. They are highly trained in essential health needs that affect the quality of life. They can relate to the client from a community and cultural standpoint. They also offer extended supportive services beyond that of a doula, according to your specific needs. They become a sister, friend, mentor and neighbor.”</p> <p>Also, birth doula & perinatal support trainings are offered to community members.</p> <p>See Birthing Beautiful Communities in the media: https://www.youtube.com/watch?v=ERzVlhxYuik</p>

Buckeye Region Anti-Violence Organization (BRAVO) | #QT, #SV

Website	http://www.bravo-ohio.org/
Telephone	(216) 370-7361
Toll-free	1 (866) 86 BRAVO (1 (866) 862-7286) — Staffed M-F 9am-5pm, Sun-Thurs 6pm-10pm
Costs	Free!
Appointments	Call to make an appointment
Services	<p>The Buckeye Region Anti-Violence Organization (BRAVO) provides comprehensive individual and community programs for survivor advocacy and support to LGBTQI survivors of hate and bias violence, discrimination, intimate partner violence, stalking, and/or sexual assault. If you or someone you know has experienced violence, threats, or intimidation BRAVO can work with you to help ensure your safety and provide the support you need. Mission Statement: BRAVO works to eliminate violence perpetrated on the basis of sexual orientation and/or gender identification, domestic violence, and sexual assault through prevention, education, advocacy, violence documentation, and survivor services, both within and on behalf of the Lesbian, Gay, Bisexual, and Transgender communities. Services include: Crisis Intervention, Safety Planning, Resource Linkage to other providers and support, One on One in person support, BRAVO HelpLine, Police Liaison, Assistance, Courtroom/Legal Advocacy, Medical/Hospital Advocacy, Support Groups, Community/Neighborhood Support. Also, LGBTQI Legal Office for Safety, Housing/Landlord Issues, Getting Your Property Back, Issues at Work Or School, and more.</p>

Also, support relating to Individual Incident Reports, Hate and Bias/Hate, Crime Violence, Sexual Violence, Intimate Partner Violence, and Stalking.

Note: All BRAVO services are confidential.

Circle Health Services (Formerly “The Free Clinic”) | #HC, #LC

Website	http://www.circlehealthservices.org/
Email	info@circlehealthservices.org
Telephone	For medical services & teen clinic: (216) 721-4010
Dental services phone	(216) 707-3419
HIV services phone	(216) 707-3452
Counseling & psychiatric inquiries phone	(216) 707-3500 ext. 1626
Substance abuse treatment phone	(216) 707-3500 ext.1709
Victims of crime help	(216) 707-3406
After hours patient line	(216) 707-3510 — for established patients only, active only when the clinic is closed
Location	12201 Euclid Ave, Cleveland, OH 44106 (42 miles from Oberlin)
Building hours	M-Th: 8:30am - 9pm, Fri: 8:30am - 7pm, & 2 Saturdays per month. Hours for specific services vary (see link below).
Hours & services	https://goo.gl/2jZqsa
Costs	Free!
Appointments	Call to make an appointment. However, drop-ins are also available for acute care including HIV testing & other STI testing, UTI testing, & pregnancy testing. See link to hours & services above for specific drop-in hours.
Services	Adult & pediatric primary care, teen/reproductive health clinic (STI testing and treatment, gynecological exams, pap smears, birth control, pregnancy testing, family planning services and counseling, emergency contraception), dental care, mental health services, drug and alcohol counseling and treatment, HIV testing & treatment, PEP & PrEP, syringe exchange program, Project DAWN (Deaths Avoided with Naloxone): free training, medication and kits given to individuals at risk of opioid overdose.

Circle of Life Home Birth Services | #DS, #HC, #MH**Cw: highly gendered language on website**

Website	http://www.circleoflifebirthservices.org/
Facebook page	https://www.facebook.com/Circle-of-Life-Home-Birth-Services-147413108623603/
Email	circleoflifebirthservices@gmail.com , or midwifeatcircleoflife@gmail.com
Telephone	(216) 299-8522 or (440) 570-6114
Location	13705 Madison Ave, Lakewood, OH 44107 (28 miles from Oberlin)
Costs	Contact via email or phone for details.
Appointments	Call to make an appointment. Support groups are drop-in.
Services	Homebirth midwifery services, doula & monitrice services (via the Northeast Ohio Doula Collective), placenta encapsulation, resource room with pregnancy/children's clothing/supplies, lending library, and pregnancy/birth-related support groups. Support groups include: Perinatal & Infant Loss support group, Resilient Mamas Perinatal support group, Full-Circle NICU Parent support group, Breastfeeding support group, and Birthworker group. See Facebook page for scheduling details. Additionally, see online calendar for full schedule of pregnancy/birth-related support groups: http://novadoulaservices.org/calendar/ .

Cleveland Clinic | #HC**Cw: gendered language on website regarding reproductive health services**

Website	https://my.clevelandclinic.org/ (You can use their user-friendly website to find doctors, get registered, make an appointment, and check your insurance coverage).
Telephone for appointments	(216) 444-CARE (2273)
Toll-free	1 (800) 223-CARE (2273)
Location	Locations vary depending on which services you are seeking. Link to locations: https://my.clevelandclinic.org/locations
Hours	Depends on office and location. Toll-free hotline is 24/7.
Costs	See website for accepted insurance: https://my.clevelandclinic.org/patients/billing-insurance/accepted-insurance
Appointments	Call to make an appointment. Urgent Care is also available.
Services	Anesthesiology & Pain Management, Bariatric & Metabolic Institute, Cancer Center / Taussig Cancer Institute, Cleveland Clinic Children's and Pediatric Institute, Dermatology & Plastic Surgery Institute, Digestive Disease & Surgery Institute, Emergency Services Institute, Endocrinology & Metabolism Institute, Eye Institute (Cole), Genomics, Head & Neck Institute, Heart & Vascular Institute (Sydell and Arnold Miller Family), Imaging Institute, Medicine Institute, Neurological Institute, Nursing Institute (Stanley Shalom Zielony), Ob/Gyn & Women's Health Institute, Orthopaedic & Rheumatologic Institute, Pathology & Laboratory Medicine, Respiratory Institute, Urology & Kidney Institute (Glickman), Wellness Institute, Anticoagulation Clinics, Center for Connected Care, Center For Functional Medicine,

Concussion Center, Fertility Center, Pharmacy, Rehabilitation & Sports Therapy, Transplant Center.

Cleveland Rape Crisis Center | #LC, #SV

Cw: sexualized harm

Website	https://clevelandrapecrisis.org/
Telephone, main line	(216) 619-6194 or (440) 354-7364
24/7 survivor support hotline	(216) 619-6192 or (440) 423-2020
24/7 sex trafficking recovery hotline	(855) 431-STAR (7827)
Location	The Halle Building 1228 Euclid Avenue, Suite 200, Cleveland, OH 44115 (35 miles from Oberlin)
Costs	Free!
Appointments	Call to make an appointment. Hotline for questions & crisis support is available 24/7.
Services	Free, comprehensive services for survivors of sexual violence & IPV: 24-hour hotline, hospital advocacy, therapy, support groups, case management. 24-Hour Crisis and Support Hotline, Hospital Support, Support at Police Stations, Victim Assistance during the criminal justice process, Individual Counseling, Child and Family Counseling, Support Groups for women, men, parents and youth, Project STAR: Sex Trafficking Advocacy and Recovery, Hogar Consuelo for Spanish-speaking survivors, Campus Services for students, faculty, and staff. Sexualized violence survivor support trainings are also offered.

Colors+ Youth Center | #LC, #MH, #QT

Website	https://colorsplus.org/
Facebook page	https://www.facebook.com/colorsplusyouthcenter/
Telephone	(330) 529-5667
Location	21139 Lorain Rd. #12 Fairview Park, OH 44126 (26 miles from Oberlin)
Costs	Medicaid, CareSource, Optum/United Healthcare, Medical Mutual, and self-pay are accepted. Sliding scale for those who do not have insurance and/or have lower incomes with high insurance deductibles.
Appointments	Call to make an appointment
Services	“Our names are Kristen and Lisa Pepera. We are both licensed professional clinical counselors who are passionate about supporting the LGBT+ youth community. We believe that everyone deserves a place to feel safe and be themselves. We would like to help LGBT+ youth and other youth in creating that space. We are currently offering support groups and individual counseling. We are in the process of securing grants and additional funding for the LGBT+ youth and allies

to hang out, grow, learn, and celebrate. We welcome youth from anywhere to come to our center. Programming will include, but is not limited to, adult, youth and family counseling services; support groups, and a series of professional speakers as we build our budget.” Services are for anyone ages 6 and up. Individual, couples, and family counseling services are offered.

LGBT Community Center of Greater Cleveland | #HC, #IR, #LC, #QT, #MH

Website	http://lgbtcleveland.org/index.html
Telephone	(216) 651-5428
Location	6600 Detroit Avenue, Cleveland, OH 44102 (32 miles from Oberlin)
Hours	M-F: 10am - 8pm, Sat: 10am - 2pm, Sun: closed.
Costs	Free!
Appointments	No appointment necessary
Services	Support and advocacy for LGBTQ adults and youth, including support groups such as 20 something's group, transformers, pride AA, LGBT veterans, respect equality diversity inclusion for folks with developmental disabilities, men's discussion group, trans*cend for trans and non-binary people, trans family, beyond binaries, 40+ women's social group, POZ2POZ for people living with HIV/AIDS, narcotics anonymous, and out proud and pagan. Services and Advocacy for GLBT Elders (SAGE) group. Free & rapid HIV testing Tues 4:30-7:30, Wednesday 3-7, and 1st & 3rd Thursday 4:30-7:30. Trauma focused support & assistance. Free drop-in 15 minute chair massages on Fridays. Free Tai Chi class Tuesdays 6-7pm and free Reiki session 7-8pm. Free senior chair yoga on Fridays. Mental health counseling services for youth on Tuesday evenings. Lake Effect free alternative health clinic on the 1st Thurs of every month 5-8pm, including massage & herbal medicine. Also offer events, drop-in / hang-out hours, and community trainings. The Center also organizes Cleveland Pride. See website for year-round volunteer opportunities.

MetroHealth Pride Clinic | #HC, #LC, #QT

Website	https://www.metrohealth.org/pride-clinic
Telephone	For appointments: (216) 957-4905
Nurse line	(216) 957-4868
Location	Thomas F. McCafferty Health Center 4242 Lorain Ave., Cleveland, OH 44113 (34 miles from Oberlin)
Hours	Mon & Fri: 8am - 5pm; Tues, Wed, Thurs: 8am - 8pm; Select Saturdays (please call): 8am - 12pm
Costs	Financial assistance is available based on income & access to insurance
Appointments	Call to make an appointment
Services	Primary care, including: Adult, adolescent and pediatric care, OB-GYN care, Family planning, Smoking cessation, Controlling your cholesterol numbers, Lowering your high blood pressure, Immunizations, Physical exams, HIV prevention (PrEP or Pre-Exposure Prophylaxis). Specialty

care, including: HIV testing, Care for HIV-positive patients, STI screening and treatment, Medical and behavioral health services for LGBT and questioning youth, medical consultation and medical intervention for trans, gender non-conforming, & gender questioning people (including gender affirmation therapy with hormones).

From website: “In a perfect world, gay and lesbian health concerns could be addressed in any primary care office. But sometimes, people in the lesbian, gay, bisexual and transgender (LBGT) community don't feel safe and supported in a standard medical office... We understand that anxiety is real and often impacts the pursuit of care. The Pride Clinic is an affirming environment... We can also work with you on risk prevention, so you'll understand just what to do to stay healthy. And we can be a listening ear and a supportive presence if you have anything at all you'd like to discuss. Our providers are warm and welcoming, and they are here to work with you. No topic should be considered off-limits at the Pride Clinic.”

Neighborhood Family Practice | #HC, #LC, #SS

Cw: gendered language below and on website

Website	https://www.nfpmedcenter.org/
Locations, phone, & hours	<p>5 community health centers across Cleveland's west side:</p> <ul style="list-style-type: none"> • Ridge 3569 Ridge Road, Cleveland, OH 44102 (216) 281-0872 M,T 8:30-8; W-F 8:30-5 • Detroit Shoreway 6412 Franklin Blvd, Cleveland, OH 44102 (216) 961-2090 M,W,Th 8:30-5, T,F 8:30-3 • Puritas 14625 Puritas Avenue, Cleveland, OH 44135 (216) 928-1950 M 9:30-8, T,F 8:30-4, W,Th 8:30-5 • Tremont 2358 Professor Avenue, Cleveland, OH 44113 (216) 334-2800 M 9:30-8, T-F 8:30-5 • W. 117 11709 Lorain Avenue, Cleveland, OH 44111 (216) 367-1004 M,W,Th,F 8:30-5, T 9:30-8
Costs	<p>NFP accepts Medicaid, Medicare, & most commercial insurance plans, and offers a financial assistance program (sliding scale fee) for the uninsured, based on family size and income. New uninsured patients must schedule a visit with a financial counselor before scheduling a doctor visit. See link for details:</p> <p>https://www.nfpmedcenter.org/financial-assistance-and-patient-benefit-services/</p>
Appointments	Call to make an appointment. Same-day appointments available.
Services	<p>General medical care for people of all ages (including behavioral health, dental health, and refugee services); family planning and reproductive healthcare including: free pregnancy tests, basic physical exam and health screening, treatment of STIs, minor gynecological problems, contraceptive methods – birth control, condoms, etc., emergency contraception, education and counseling about reproduction and birth control, referral for other medical and social services, teen education and outreach programming, services such as pelvic exams, PAP tests, breast exams and scheduling of routine mammograms, treatment of other concerns like yeast infections, irregular periods, PMS and sexual health, menopause care, & support for women dealing with depression and partner/domestic violence.</p>

NFP also provides hospital midwifery care. See link for details: **(cw: please note that this is a highly gendered resource):** <https://www.nfpmedcenter.org/womens-health/>. The midwives at Neighborhood Family Practice attend births at Cleveland Clinic Fairview Hospital.

Planned Parenthood (Bedford Heights Surgery Center) | #AB, #HC, #LC, #SS

Website	https://goo.gl/c8jueZ
Telephone	(440) 232-9732 (or 1 (800) 230-PLAN)
Location	25350 Rockside Rd, Bedford Heights, OH 44146 (45 miles from Oberlin)
Hours	Alternates hours weekly: Mon-Fri: 8:30am - 4:30pm, OR Tues-Sat: 8:30am - 4:30pm
Costs	Fees for standard services are based on income and ability to pay. Planned Parenthood accepts Medicaid. Medication abortions = \$540, surgical abortions = \$540 to \$1000, depending on gestational age, & increasing in cost as the pregnancy progresses.
Appointments	Call to make an appointment, or make an appointment online.
Services	Abortions (surgical & medical), birth control, emergency contraception, HIV testing, pregnancy testing & services, STI testing, treatment & vaccines, gynecological exams, pap tests, breast/chest exams, UTI screening and treatment, vaginal infections testing & treatment, checkups when you have a reproductive/sexual health problem, menopause & midlife testing & treatment including hormone replacement therapy, cervical cancer screening, colposcopy, fibroids evaluation, incontinence education & treatment, infertility education, LEEP (treatment of abnormal pap), mammogram referrals, help with irregular periods or no periods, painful periods, painful sex, bleeding between periods, menstrual problems (PMS) or even a lost tampon. <i>*Note: Planned Parenthood in Bedford Heights is the <u>second</u>-closest abortion provider to Oberlin. The closest abortion provider is Preterm (see below).*</i>

Planned Parenthood (Cleveland) | #HC, #LC, #SS

Website	https://goo.gl/GfRd4y
Telephone	(216) 851-1880 (or 1 (800) 230-PLAN)
Location	7997 Euclid Ave, Cleveland, OH 44103 (33 miles from Oberlin)
Hours	Mon: 11am - 4pm, Tues: 9am - 4pm, Wed: 11am - 6pm, Thurs: 11am - 6pm, Fri: 9am - 4pm, Sat: 9am - 2pm, Sun: closed.
Costs	Fees for services are based on income and ability to pay. Planned Parenthood accepts Medicaid.
Appointments	Call to make an appointment. Drop-ins are also available for pregnancy testing & EC anytime the clinic is open. For drop-ins, please arrive at least one hour prior to closing. Same-day appointments can be made by calling at 9am on Mondays, Wednesdays, Thursdays, and Fridays.
Services	Birth control, abortion referral, emergency contraception, HIV testing, LGBT services, care for people with penises, pregnancy testing & services, STI testing, treatment & vaccines, gynecological exams, pap tests, breast/chest exams, UTI screening and treatment, vaginal

infections testing & treatment, checkups when you have a reproductive/sexual health problem, cervical cancer screening, colposcopy, fibroids evaluation, menopause & midlife testing & treatment including hormone replacement therapy, incontinence education & treatment, infertility education, mammogram referrals, jock itch testing & treatment, help with irregular periods or no periods, painful periods, painful sex, bleeding between periods, menstrual problems (premenstrual syndrome) or even a lost tampon.

Planned Parenthood (Old Brooklyn) | #HC, #LC, #SS

Website	https://goo.gl/Y5Qsc5
Telephone	(216) 661-0400 (or 1 (800) 230-PLAN)
Location	3311 Broadview Road, Cleveland, OH 44109 (32 miles from Oberlin)
Hours	Mon: 9am - 4pm, Tues: 11pm - 6pm, Wed: 1pm - 6pm, Thurs: 10am - 4pm, Fri: 9am - 4pm, Sat: 9am - 2pm, Sun: closed.
Costs	Fees for services are based on income and ability to pay. Planned Parenthood accepts Medicaid.
Appointments	Call to make an appointment. Drop-ins are also available for pregnancy testing, EC, & birth control refills, anytime the clinic is open.
Services	Birth control, abortion referral, emergency contraception, HIV testing, LGBT services, care for people with penises, pregnancy testing & services, STI testing, treatment & vaccines, gynecological exams, pap tests, breast/chest exams, UTI screening and treatment, vaginal infections testing & treatment, checkups when you have a reproductive/sexual health problem, cervical cancer screening, colposcopy, cryotherapy, fibroids evaluation, menopause & midlife testing & treatment including hormone replacement therapy, incontinence education & treatment, infertility education, mammogram referrals, jock itch testing & treatment, help with irregular periods or no periods, painful periods, painful sex, bleeding between periods, menstrual problems (premenstrual syndrome) or even a lost tampon.

Planned Parenthood (Rocky River) | #HC, #LC, #SS

Website	https://goo.gl/WkVnVo
Telephone	(440) 331-8744 (or 1 (800) 230-PLAN)
Location	20800 Center Ridge Rd. #101; Rocky River, OH 44116 (22 miles from Oberlin)
Hours	Mon: 9am - 4pm, Tues: 12pm - 6pm, Wed: 11am - 6pm, Thurs: 10am - 4pm, Fri: 9am - 4pm, Sat: 9am - 2pm, Sun: closed.
Costs	Fees for services are based on income and ability to pay. Planned Parenthood accepts Medicaid.
Appointments	Call to make an appointment. Drop-ins are also available for pregnancy testing, EC, & STI testing, anytime the clinic is open. For drop-ins, please arrive at least one hour prior to closing.
Services	Birth control, abortion referral, emergency contraception, HIV testing, care for people with penises, pregnancy testing & services, STI testing, treatment & vaccines, gynecological exams, pap tests, breast/chest exams, UTI screening and treatment, vaginal infections testing & treatment, checkups when you have a reproductive/sexual health problem, cervical cancer

screening, fibroids evaluation, menopause & midlife testing & treatment including hormone replacement therapy, incontinence education & treatment, infertility education, mammogram referrals, post-abortion follow-up exams, HPV treatment, Genital wart treatment, Vasectomy referrals, jock itch testing & treatment, help with irregular periods or no periods, painful periods, painful sex, bleeding between periods, menstrual problems (premenstrual syndrome) or even a lost tampon.

Preterm | #AB, #HC

Website	https://www.preterm.org/
Telephone	(216) 991-4000
Toll-free	1 (877) PRETERM (773-8376)
Location	12000 Shaker Blvd, Cleveland, OH 44120 (38 miles from Oberlin)
Appointment days	Tuesday, Wednesday (day and evening), Friday & Saturday
Costs	Varies depending on services (abortions are several hundred dollars); see website for details.
Appointments	Call to make an appointment
Services	Abortions (surgical and medical), pregnancy tests, emergency contraception, adoption services, options counseling, post-abortion counseling, STI testing & treatment, pelvic exams, pap smears, gynecological services, LGBTQ care, teen care, birth control counseling and supplies. <i>*Note: Preterm is the closest abortion provider to Oberlin.*</i>

Regina Hill, MD | #HC

Website	https://www.reginahillmd.com/
Telephone	440-250-0696
Location	805 Columbia Road, Suite 105, Westlake, OH 44145 (25 miles from Oberlin)
Hours	Mon - Fri: 9am - 5pm
Costs	Call to inquire about insurance coverage. Accepts most major insurance plans.
Appointments	Call to make an appointment
Services	Gynecological care. Pap smears/HPV testing, contraception, endometriosis, STI testing, incontinence, menopause, menstrual cramps, ovarian cysts, infertility, hysterectomies, uterine prolapses, heavy menstrual flow, and routine pelvic examinations.

Ujima Full-Spectrum Doula Services | #AB, #DS

Cw: gendered language on website

Website	https://ujimadoulaservices.wordpress.com/
Facebook page	https://www.facebook.com/fullspectrumdoula/
Email	ujimadoulaservices@gmail.com

Telephone	(216) 282-6972
Location	14232 Madison Ave, Ste 1, Lakewood, OH 44107 (28 miles from Oberlin)
Costs	Sliding scale; several payment plan options to fit the client's needs. For postpartum care, packages range from \$100 to \$400. Hourly rate of \$25 daytime and \$35 nighttime. Contact doula (Jai) for details.
Appointments	Call or email to make an appointment
Services	Ujima Doula Services provides supportive and non-judgmental support services for pregnant people in Northeast Ohio regardless of the pregnancy outcome. Doula services & support for abortion (surgical or medical), miscarriage, stillbirth, adoption, & postpartum / 4th trimester. This includes 24/7 phone/email/text/video chat support, physical support before, during & after labor or any procedure, at-home support for medication abortion, referrals & community resources, support for family, assistance with memory box, funeral, or cremation arrangements, home-cooked meals, pet care, light housekeeping, breast or bottle feeding support, sibling support, & babywearing support. Coming soon: Birth doula support, lactation consulting, massage for pregnant people, and childbirth education classes. Ujima aims to educate clients about options, and combat stigma. Doula's name is Jai Hawkins, certified through Madriella.

STATE OF OHIO

Ohio HIV/STI Hotline | #IR, #LC, #MH, #SS

Website	http://ohiv.org/
24/7 hotline	1 (800) 332-2437
Costs	Free!
Appointments	No appointment necessary
Services	<p>“The hotline provides callers and chat users with information about HIV, STIs, sexual health, and testing/health resources — privately and anonymously. The Hotline is also a resource for people living with HIV/AIDS, and acts as an information and referral service to Ohio residents. This includes referrals to care services, local health departments and HIV/AIDS organizations, mental health facilities, medical, legal and dental practitioners, etc. Health professionals may also contact the Hotline to find resources, testing sites, and general care information. Hotline operators are always happy to help in any way possible. Don’t hesitate to contact the hotline with any questions, comments, or concerns you feel are relevant and may not be listed as a specific service.” The Ohio HIV/STI Hotline also provides information about STIs, including HIV, and sexual health, as well as resources related to testing and treatment, medication payment assistance, social support groups, and more. You can also live-chat on their website, and you can even sign up for a free condom delivery!</p>

Ohio Sexual Violence Helpline | #LC, #SV

Cw: sexualized harm

Website	https://www.ohiosexualviolencehelpline.com/
24/7 hotline	(844) 644-6435 (844.OHIO.HELP)
Costs	Free!
Appointments	No appointment necessary
Services	<p>“The Ohio Sexual Violence Helpline is a 24/7 confidential resource providing advocacy and support for survivors of sexual violence across Ohio. Staffed by trained advocates, the helpline provides: Confidential emotional support; Crisis Response; & Information about options and local resources available to survivors and co-survivors, or their friends and family. A crucial component of the helpline’s advocacy efforts is to listen and empower survivors with information about their options so that they have a choice in their next steps towards healing. The Ohio Sexual Violence Helpline aims to ensure that no matter where in Ohio a survivor is located, they will have 24-hour access to sexual violence advocacy and links to resources and options in their local community. The helpline does not discriminate on the basis of race, color, nation original, religion, gender, disability, and age in the delivery services. It is here to support all Ohio survivors.”</p>

Women Have Options, Ohio (WHO/O) | #AB, #IR, #LC**Cw: gendered language on website**

Website	http://www.womenhaveoptions.org/
Email	info@womenhaveoptions.org , help@womenhaveoptions.org
Services	<p>“Women Have Options (WHO/O) is Ohio’s statewide abortion fund. Founded in 1992, we are an organization dedicated to helping Ohioans afford their reproductive choices. We believe that everyone should be able to make their own reproductive decisions—and we work to make that a reality in Ohio. We are a founding member of the National Network of Abortion Funds, which includes more than 100 abortion funds around the United States and overseas. We provide financial assistance to help patients afford contraception, emergency contraception, and abortion services. We distribute funds to clinics throughout Ohio. These clinics, in turn, use the funds to provide financial assistance to those in need. Since 1992, Women Have Options has helped thousands pay for their reproductive choices.”</p> <p>WHO/O may also be able to help you if you are an Ohioan seeking abortion access out of state due to restrictions or are at risk of missing your appointment — email help@womenhaveoptions.org.</p> <p>Check out http://www.womenhaveoptions.org/help to see WHO/O’s partner clinics in Ohio.</p>

ONLINE TOOLS & RESOURCES

Aid Access | #AB, #HC, #IR, #LC

Cw: gendered language on website

Website	https://aidaccess.org/
About	“Aid Access supports [people] who are not able to access local [abortion] services. If you are healthy and less than 9 weeks pregnant, you can do the online consultation. The abortion pills mifepristone and misoprostol will be delivered to you by mail. We suggest a payment of 80 euro (95 USD) but will also try to help when you cannot afford this. An abortion with pills can be done safely at home as long as you have good information and access to emergency care in the rare case of complications.” Website is supported by a team of English and Spanish speaking help-desk members, reproductive health providers, and abortion rights activists, and it includes detailed information on how to use abortion pills safely and effectively.

Ask Shark Mom | #IR, #LC, #QT

Website	https://asksharkmom.wordpress.com/
About	“snarky, sharky, compassionate advice from a femme shark mini elder” Advice column for queer radical disabled traumatized folx of color addressing how to navigate activism, relationships, and sex with each other & the world By Leah Lakshmi Piepzna-Samarasinha, Sri Lankan queer disabled badass, disability justice & transformative justice activist

Basic Guide to Accessing Hormones/Surgeries for Trans People | #IR, #LC, #QT

Website	https://drive.google.com/open?id=0B76yAyz894cET2VHaU5aa05reDQ
About	Basic guide written by a former SIC Staffer. Includes information on types of hormones & surgeries, and how to go about accessing these services. Also includes links about myths of transition, and links to general trans health resources.

DIY Doula: Self-Care for Before, During, & After your Abortion (e-Zine) | #AB, #DS, #IR, #LC

PDF link	https://goo.gl/azN5LT
Website	http://www.diydoula.org/
Doula Project website	https://www.doulaproject.net/
About	This is a zine written by the Doula Project of NYC to inform people how to care for themselves before, during, and after an abortion. From website: “The Doula Project is a network of trained doula volunteers working to create a society in which all pregnant people have access to the care and support they need. Our work helps people navigate pregnancy and making personal decisions, whether they face birth, miscarriage, stillbirth, fetal anomaly, or abortion.” Cw: zine addresses topics including abortion, anatomy (incl. illustrated nudity), faith, gender, a range of feelings & emotions, god, grief & loss, medical terms, nausea & vomiting, oppression (incl.

unfair treatment by medical providers), pain & discomfort, pregnancy, sex, sexual assault, & stigma.

The Doula Project's values:

- “All pregnant people should have access to continuous, non-judgmental emotional, physical, and informational support.
- All pregnant people should be trusted to make choices that are best for them.
- All pregnant people should have their experiences and the memories of those experiences honored.
- All pregnant people should be safe and have access to exceptional health care.
- Clinics, hospitals, organizations, and individuals who work with pregnant people should be respected and protected.”

Doula Match | #DS

Cw: gendered language on website

Website	https://doulamatch.net/
About	<p>“This site was developed to help expectant families quickly and efficiently find doulas who are available during their due dates. It’s also a great place to get a baseline understanding of each doula’s training, certification, and experience levels. Currently DoulaMatch only lists doulas in the US and Canada.</p> <p>DoulaMatch.net was created by Kim James, a certified doula, doula trainer, and childbirth educator in Seattle, Washington and her husband Pat James, an IT manager and web developer.”</p> <p>You can search by doula name or location. Listings include birth and postpartum doulas, as well as childbirth ed classes.</p>

How to Use Abortion Pill | #AB, #IR, #LC

Cw: gendered language on website

Website	https://www.howtouseabortionpill.org/
About	<p>“HowToUse works to share facts and resources about the abortion pill- what to consider beforehand, where to acquire quality abortion pills, how to use them safely, what to expect, and when to seek medical help if necessary. We’re here to equip [people] with the information they need to safely navigate abortion on their own terms.” This website has helpful step-by-step guides on how to manage a medical abortion, before, during, and after. They provide information on using mifepristone and misoprostol, OR misoprostol only. Their website is translated into 23 languages! “Need a language you don’t see? Contact us at info@howtouseabortionpill.org.”</p>

Ignacio Rivera | #IR, #LC, #QT

Website	https://www.igrivera.com/
About	<p>Afro-Latinx queer non-binary sex educator, sex worker, and community-builder. Their work includes articles, lectures, and films. From website: “Ignacio Rivera M.A., is a queer, Trans, Two-Spirit, Black, Boricua, Taíno who prefers the gender-neutral pronoun ‘they.’ Ignacio is an activist, writer, educator, filmmaker, performance artist and mother. Ignacio has been sharing</p>

spoken word, one-person shows, and storytelling internationally. Ignacio's body of work has focused on gender and sexuality; specifically on queer, trans, kink and sexual liberation issues within a race/class dynamic."

Ijeoma Umebinyuo | #IR, #LC

Website <http://theijeoma.tumblr.com/>

About Black woman poet and author; writes about trauma and healing.

I Think I Might Be | #IR, #LC, #QT

Website <http://bit.ly/2VGnCi1>

About A campaign by Advocates for Youth. Pamphlets available for free download: I think I might be ... lesbian, gay, bisexual + pansexual, transgender, & asexual, and "I'm Muslim and I Might Not Be Straight."

"These resources are written by LGBTQ young people, and provide answers for young people thinking about their sexual orientation and young people who find that the gender they were assigned at birth does not fit them."

Leaving Evidence | #IR, #LC, #QT

Website <http://leavingevidence.wordpress.com>

About Blog by Mia Mingus. Mia Mingus is a writer, educator and community organizer for disability justice and transformative justice. She is a queer physically disabled korean woman transracial and transnational adoptee from the Caribbean. She works for community, interdependency and home for all of us, not just some of us, and longs for a world where disabled children can live free of violence, with dignity and love. As her work for liberation evolves and deepens, her roots remain firmly planted in ending sexual violence.

The Midwife Is In | #AB, #IR, #LC, #QT

Website <http://thamidwifeisin.com/>

Facebook page <https://www.facebook.com/thamidwifeisin/>

About A website/blog run by Chloë Lubell, CNM, RN. Has lots of information and advice on all things related to sexual health & reproductive health, including abortion, birth, birth control, parenting, periods, pregnancy, relationships, sex, trans health, vagina health, and more. About Chloë: "I'm a cis, white, pansexual Certified Nurse Midwife and RN who currently works at Central Park Midwifery to promote respectful care for cis women, non-binary folks, and trans men and women. I love to talk about bodies, sex, healthcare, pregnancy, adoption, abortion, birth control. I was born to a Jewish German/Russian family on Unami Lenni-Lenape territory in what is now New Jersey and I currently live on unceded Lenni Lenape land in Brooklyn, NY. I am committed to making this a sex-positive, body-friendly, shame-free zone. I will tolerate no hatred here."

Oh Joy Sex Toy | #IR, #LC, #QT

Website	https://www.ohjoysexttoy.com/
About	<p>Blog run by a white cis woman that provides sex-ed related content through comics. Topics include: sex toy reviews, information about consent & pleasure, STIs, and sexual health. Portrays trans people, fat people, POC, queer, and disabled people in her work.</p> <p>NOTE: Has written one comic fetishizing trans men. She was called out and has since apologized for it.</p>

Plan C | #AB, #IR, #LC

Website	https://plancpills.org/
About	<p>You can find information on Plan C's website about medication abortion, and how to obtain abortion pills, as well as how medication abortion can be safely self-managed (performed independently, outside of a medical space). "At Plan C, we envision a world in which the ability to end an early pregnancy is in the hands of the person who needs it most. Our approach: Educating the public about how people are safely and effectively managing their own abortions using pills; Researching new routes of access to pills in the United States; Mobilizing a grassroots network of activists to catalyze action for putting the pills directly in the hands of those who need them."</p>

Point of Pride | #LC, #QT

Website	https://pointofpride.org/
About	<p>Point of Pride works to benefit trans people in need through gender-affirming support programs that empower them to live more authentically. Point of Pride offers an <u>Annual Transgender Surgery Fund</u>, a <u>Free Chest Binder Donation Program</u>, a <u>Free Trans Femme Shapewear Program</u>, an <u>Electrolysis Financial Support Program</u>, and other community-building support initiatives for trans youth and adults. They also advocate for health care reform and the national adoption of inclusive health care policies that protect and serve our community.</p>

Rad Remedy | #IR, #LC, #QT

Website	http://radremedy.org/
About	<p>Rad Remedy is an online organization that aims to connect trans, gender non-conforming, intersex, and queer (TGIQ) people with the health-related resources that they need. They have an online database of trans healthcare providers, as well as a series of free QT-centered zines (download them for free online) about topics such as self exams and checkups.</p>

Reproaction | #AB, #IR, #LC

Website	https://reproaction.org/
About	<p>"Reproaction is a new direct action group forming to increase access to abortion and advance reproductive justice. We are proud of our left-flank analysis, and are not in this fight to protect</p>

	the past or maintain the status quo.” Check out their website for updates on pro-choice and reproductive justice campaigns.
Fake clinic database	Reproaction maintains an updated online database of <i>all</i> Crisis Pregnancy Centers (fake reproductive health clinics with anti-choice agendas) in the U.S. You can search by name or location. Access the database here: https://reproaction.org/fakeclinicdatabase/
Abortion access display toolkit	Reproaction developed this rad toolkit that you can use to talk about abortion access in your community. It includes educational talking points, templates for a press release, and more. Check it out: https://reproaction.org/wp-content/uploads/2017/05/AbortionAccessDisplayToolkit.pdf

Scarleteen | #IR, #LC, #QT

Website	http://www.scarleteen.com/
About	Scarleteen is a website with “Sed Ed for the Real World - Inclusive, comprehensive, supportive sexuality and relationships info for teens and emerging adults.” They have lots of helpful articles, guides, factsheets and in-depth advice answers, extensive external resource lists for each topical section of the site and a collective blog. Their topical sections include bodies, gender, sexual identity, relationships, sex & sexuality, sexual health, pregnancy & parenting, abuse, sexual politics, and more. They also have message boards, forums, and live chat.

Sex Workers Outreach Project (SWOP-USA) | #IR, #LC, #MH

Website	http://www.new.swopusa.org/
Safety & self care resources for sex workers	http://www.new.swopusa.org/resources-usa/safety-self-care-resources/
Sex work readings	http://www.new.swopusa.org/learn-about-sex-work/further-reading/
Community support line	(877) 776-2004 (Select 1)
About	<p>SWOP is a national social justice network dedicated to the fundamental human rights of people involved in the sex trade and their communities, focusing on ending violence and stigma through education and advocacy. They have a Community Support Line (“warmline” - see # above) that folks can call for general support, advice, someone to talk to, crisis counseling, referrals, and information about safety and legal rights. Support line is for “individuals currently or previously involved in the sex trade or adult industry: Including dancers, adult film, fetish BDSM or cam workers, escorts, street-based sex workers, sugar babies, and people who are victims of exploitation. There definitely perks and pitfalls to adult work, and we know how hard it is to find someone who gets where you’re coming from and what you’re going through. We’re there for ya!” (Support line is also for allies & grassroots organizers who need support because of burn-out.)</p> <p>“*Our hotline is confidential. That means that we don’t see your number unless you leave a voicemail, and we won’t share your info with each other or anyone else (unless you ask us to).”</p>

Also, SWOP has great online resources like safety & self-care resources for sex workers, information & readings for people wanting to learn about sex work, webinars, organizing resources, tabling resources, local resources, & more. SWOP also provides funding/grants, mentoring & leadership development, shared infrastructure & communications, and sex worker advocacy.

SIA Legal Team | #AB, #IR, #LC

Website	https://www.sialegalteam.org/
About	“The SIA [Self-Induced Abortion] Legal Team transforms the legal landscape through litigation, public policy advocacy, and organizing to ensure that anyone who ends a pregnancy can do so with dignity and without punishment. We believe everyone should be able to self-determine their reproductive lives and access care in ways that best meet their needs and upholds their dignity, and center our efforts on communities most impacted by criminalization.” You can get information, as well as abortion-related legal assistance from the SIA Legal Team.
Get legal help	<p>The SIA Legal Team Helpline is a free, confidential helpline where you can get information about your legal rights regarding self-managed abortion. You can call and leave a message, and then you will be contacted by an advocate who can help you get legal assistance and provide you with legal information if you are being questioned, or if you are worried about being questioned, regarding a self-managed abortion. Get more info about the helpline here: https://www.reprolegalhelpline.org/, or do the following:</p> <ul style="list-style-type: none"> • Call 844-868-2812 • Or message us through Signal at 707-827-9528 • Or message us through our secure online form

Sista Midwife Productions | #DS, #IR

Cw: gendered language on website

Website	https://www.sistamidwife.com/
About	<p>Get connected with Black midwives, doulas, lactation consultants, and wellness practitioners through their online directory. Birthworker trainings also available.</p> <p>“Our goal is to connect black birth workers with each other and the families who need them. Sista Midwife Productions provides education, training and consultations for communities, birth workers and organizations that work with child bearing families. We work to improve pregnancy, birth experiences and to eliminate perinatal disparities by increasing the numbers of black birth workers, teaching families about their patient rights; and creating transparency and accountability within childbirth education and the medical obstetrical system. We are dedicated to increasing the numbers of black birth workers and birth workers trained to support families in a culturally holistic way. We know that this is an integral part of the solution to eliminating perinatal disparities.”</p>

Trans At Oberlin | #IR, #LC, #QT

Website	https://transatoberlin.wordpress.com/
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About	“This website was founded by Alex Bernui (OC ’17) and Augie Blackman (OC ’18) as a Winter Term project sponsored by Dean Eric Estes in January 2014, and continued as a private reading with Meredith Raimondo. Inspiration came from the Trans at Oberlin Oberwiki page, which provided resources for trans students. We wanted to expand, update, and publicize this resource in order to address the diverse needs of the Oberlin student body.” Includes info on housing, bathrooms, name changes, non-discrimination policy, mental and physical health, and a blog.
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Trans-Health Magazine | #IR, #LC, #QT

Cw: Some non-inclusive language about trans people on website, incl “FTM/MTF,” & discussion of “origins” of trans-ness

Website	http://www.trans-health.com/
About	Trans-Health is an online magazine with articles about trans health issues, as well as resource lists of trans health-related clinics and organizations. Their articles discuss a wide range of topics including aging, body modification, disability, fitness and training, health and well-being, healthcare services, hormones, mental and emotional health, origins, sexuality, sports and competition, surgery, & transitioning.

Trans Lifeline | #IR, #LC, #MH, #QT

Website	https://www.translifeline.org/
U.S. hotline	877-565-8860
About	Trans Lifeline is a grassroots hotline and microgrants organization offering direct emotional and financial support to trans people in crisis - for the trans community, by the trans community. Trans Lifeline was founded in 2014 as a peer-support crisis hotline. The Hotline was, and still is, the only service in the country in which all operators are transgender. Because of the particularly vulnerable relationship transgender people have with police, it is also the only service in the country with a policy against non-consensual active rescue. In addition to the hotline, Trans Lifeline’s website has support resources, microgrant applications, and a blog.

The Trevor Project | #IR, #LC, #QT, #MH

Website	https://www.thetrevorproject.org/
Trevor Lifeline	1 (866) 488-7386. You deserve immediate support!
TrevorChat	A free, confidential, secure instant messaging service for LGBTQ youth that provides live help from trained volunteer counselors, open daily from 3–10pm ET / Noon–7pm PT. Access on website.
TrevorText	A free, confidential, secure service in which LGBTQ young people can text a trained Trevor counselor for support and crisis intervention, available Monday–Friday from 3–10pm ET / Noon–7pm PT by texting START to 678678.
TrevorSpace	A social networking community for LGBTQ youth ages 13 through 24 and their friends and allies.

About	The Trevor Project offers accredited life-saving, life-affirming programs and services to LGBTQ youth that create safe, accepting and inclusive environments over the phone, online and through text. The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.
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Women Help Women (WHW) | #AB, #IR, #LC

Cw: gendered language on website

Website	https://abortionpillinfo.org/
About	<p>You can find information on WHW's website about medication abortion, and how to obtain abortion pills, as well as how medication abortion can be safely self-managed (performed independently, outside of a medical space). You can also talk to a trained counselor about medication abortion options, through a secure online portal. And you can use their online pregnancy calculator for gestational age.</p> <p>For folks <u>outside</u> the U.S.: "WHW uses Internet and online consultations to expand access to reproductive health products that [people] need. Through this non-profit e-service you will receive quality products that are very safe and effective and can be used by [people] themselves. You can request pills for medical abortion, and several types of contraceptives, such as contraceptive pills, emergency contraceptive (morning after pills) and condoms. You can request a medical abortion alone or with contraceptives for later use. You can request multiple types of contraceptives at the same time. The products will be sent by mail to the address that you give us. We are here to support you throughout the process."</p> <p>For folks <u>in the U.S.</u>: You can find info on their website about how medication abortion pills can be obtained from other sources online (self-managed abortion, safe and supported).</p>

Helpful Hotlines

These hotlines may also be included in the listings above.

Birthing Beautiful Communities Emergency Hotline	(216) 402-0924
BRAVO Toll-Free Helpline (M-F 9-5, Sun-Thurs 6-10)	1.866.86 BRAVO (1 866 862 7286)
Cleveland Clinic Toll-Free Line	1 (800) 223-CARE (2273)
Cleveland Rape Crisis Center: Survivor Support Line	(216) 619-6192 or (440) 423-2020
Cleveland Rape Crisis Center: Sex Trafficking Recovery Line	(855) 431-STAR (7827)
Genesis House (Lorain County Safe Harbor) Hotline	(440) 244-1853 or (440) 323-3400
MetroHealth Pride Clinic Nurse Line	(216) 957-4868
National Suicide Prevention Lifeline	1-800-273-8255
Nord Center: Emergency/Crisis Hotline	(800) 888-6161
Nord Center: Sexual Assault Services Hotline	(440) 204-4359
Nord Center: Warm Line (1-10pm M-F)	(800) 888-6161 & ask for the Warm Line
Oberlin Counseling Center: After Hours Telephone Support	(440) 775-8470 (Select 2)
Oberlin Student Health Services: 24/7 Nurse Line	(877) 924-7758
Ohio HIV/STI Hotline	1 (800) 332-2437
Ohio Sexual Violence Helpline	(844) 644-6435 (844.OHIO.HELP)
OSCA Sexual Harm Information Liaisons (SHILs)	(440) 574-0167
Sex Workers Outreach Project (SWOP-USA) Warmline	(877) 776-2004 (Select 1)
SIA (Self-Induced Abortion) Legal Team Helpline	(844) 868-2812
Trans Lifeline	877-565-8860
The Trevor Project Lifeline	1 (866) 488-7386